

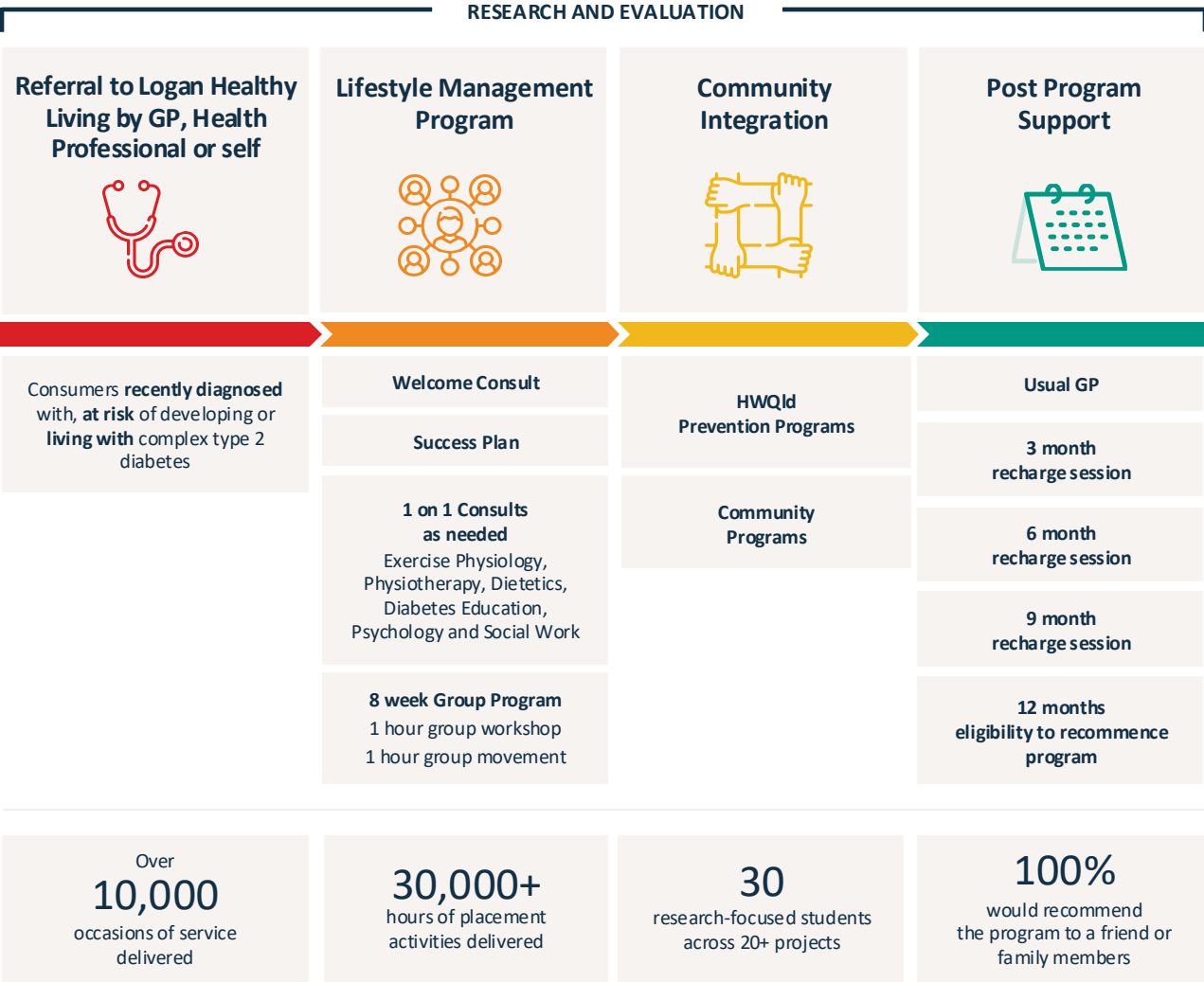
# Logan Healthy Living Evaluation

Logan Healthy Living is a community-focused, person-centred and integrated approach to preventing and managing chronic diseases, particularly for people living with or at risk of type 2 diabetes.

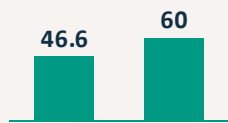
The program is delivered by UQ Health Care, in partnership with Health and Wellbeing Queensland, The University of Queensland, Griffith University, Metro South Health, and Brisbane South Primary Health Network.

It has been designed to meet the specific needs of the Logan community, with services that are accessible, culturally appropriate, and locally relevant.

From 2021-2024, Logan Healthy Living conducted over 800 initial assessments with 600 people participating in the full program. It also facilitated over 150 placements for allied health students.

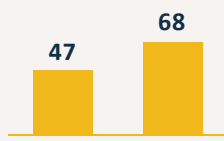


## BEHAVIOUR CHANGE OVER TIME



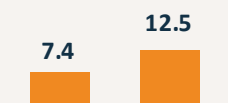
Meeting physical activity guidelines

60%



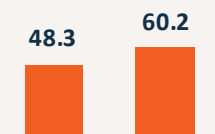
Meeting fruit intake

68%



Meeting vegetable intake

12.5%



Community involvement

60.2%



Significant long-term improvements in:

Diabetes related distress

Quality of life

Participant motivation

## HEALTH SYSTEM IMPACT

Total bed days  
(any cause) in  
hospital reduced by

10%

Total hospital admissions  
(any cause) reduced by

10%

Number of people with at  
least 1 Emergency  
Department presentation  
(any cause) reduced by

30%

Number of people  
with at least 1+  
hospitalisation (any cause)  
reduced by almost

40%

Direct health benefits

\$1.64M

average annual benefits to  
participants

Socio-economic benefits

\$1.35M

average annual benefits  
from the student clinical  
placement program



For every dollar invested  
in the program, \$1.82 of  
value was generated,  
demonstrating an

82%

return on investment

Data have been drawn from:

- Logan Healthy Living Final Evaluation Report – July 2021 to December 2024, UQ Health Care, May 2025, prepared in collaboration with the Health and Wellbeing Centre for Research and Innovation at The University of Queensland in their capacity as the formal evaluation partner for Logan Healthy Living; and
- Economic Evaluation of Logan Healthy Living, Health and Wellbeing Centre for Research Innovation, The University of Queensland, January 2025.