

# Strengthening Prevention in Integrated Care Systems

A framework for reducing preventable chronic disease in Queensland



Improve  
population health



Improve consumer  
experience



Reduce  
costs



Optimise the  
workforce



Reduce health  
inequities


# Strengthening Prevention in Integrated Care Systems

Vision
A world-leading integrated prevention ecosystem
Mission
Reduce preventable chronic disease in Queensland
Purpose
Enable a coordinated, cross-sector approach to sustainable chronic disease prevention at the people and community level, service level and system level



Prevention Ecosystem

Building Blocks		
<b>Health literacy and activation</b>  Queenslanders are supported by systems that strengthen health literacy, enhance navigation and enable individuals and communities to take charge of their health and wellbeing.	<b>Workforce capacity and capability</b>  A skilled, interprofessional workforce – within and beyond traditional healthcare settings – routinely embeds chronic disease prevention across consumer journeys.	<b>Shared leadership and responsibility</b>  Cross-sector decision-makers champion the prevention agenda in partnership, amplifying collective impact and system change.
<b>Reorienting service delivery</b>  Prevention is embedded at all levels of service planning, integrating innovative models of care, workforce optimisation and seamless pathways across health and community settings.	<b>Data, technology and innovation</b>  Data optimisation, digital enhancement and AI enable high value, scalable prevention solutions.	<b>Investment and collaborative funding models</b>  Long-term shared investment, including potential for values-led commercialisation, supports financial sustainability and systemic transformation.

Guiding Principles				
				
Strengths-based and person-centred	Equity and cultural safety	Evidence-informed and evidence-generating	Collaborative partnerships	Community involvement

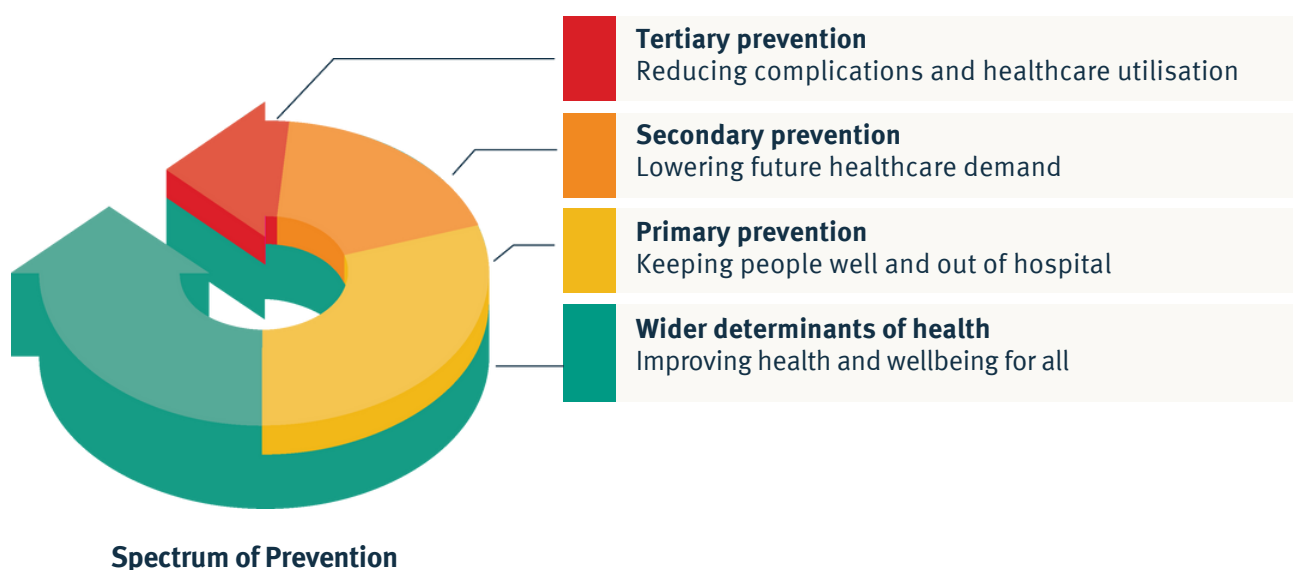
## Integrated Care Systems

Integrated Care Systems (ICS) bring together committed leaders from organisations that shape the health and wellbeing of communities. While their composition varies by region, ICSs may include:

- Health services
- Community organisations
- All levels of government
- Social enterprises
- Not-for-profit organisations
- Private sector and industry
- Researchers and academics

With shared cross-sector commitment, ICSs set the strategic direction for local approaches that strengthen chronic disease prevention. They turn commitment into action by involving relevant partners across agencies, the workforce and the community. The Building Blocks provide the right foundations to reshape preventive health to meet the unique needs and priorities of the region.

ICSs focus on all four types of prevention – wider determinants of health, primary, secondary, and tertiary. This requires leadership that can look beyond the day-to-day health system demands. Addressing the wider determinants of health and investing in primary prevention will have a transformative impact on reducing chronic disease in the long term, keeping people well and out of hospital. At the same time, targeted interventions in secondary and tertiary prevention will help ease health care demand and utilisation in the short term.



## Making It Happen

Leaders are invited to join forces to create new ICSs or build on existing networks, and put the Framework into action. With collective action we can drive the shift to create a world-leading integrated prevention ecosystem that reduces preventable chronic disease.

For more information visit:

[hw.qld.gov.au/strengthening-prevention](https://hw.qld.gov.au/strengthening-prevention)

Through real-world application, the Framework will evolve and continue to strengthen over time. Health and Wellbeing Queensland can provide assistance and support in the translation and adoption of the Framework.

To get involved email:

[info@hw.qld.gov.au](mailto:info@hw.qld.gov.au)

