

Logan schools enjoy a 'mini farmers day'



In Term 4, 2022, Pick of the Crop schools in Logan had fun participating in a 'Mini Farmers Day' to celebrate farmers and teach students where our fresh food comes from.

Samantha Wyatt, Regional Coordinator for the region had been busy planning the day for schools over the previous term. Supported by her team at Children's Health Queensland, who host the position with funding from Health and Wellbeing Queensland, schools were able to celebrate with:

- Fruit and vegetable boxes (enough for one year level)
- George the Farmer books
- Yummy Health & Wellbeing recipe cards
- Activity pack, filled with inspiration and ideas

Who was involved?

Eleven Logan Pick of the Crop schools participated in the Mini Farmer Day event, with 26 boxes of fruit and veggies delivered, and 11 goodie packs – after they signed up to participate in the event.

Prep classes were the focus of the event and many students (and teachers and staff) dressed up in their best farmer's outfits and enjoyed taksing fruit and veggies delivered or from their own gardens.



What did schools do?

- Story Time – reading the George the Farmer books provided in the event pack, while munching on the fresh veggies and fruit
- Colouring in – taking a mindful minute and colouring in Farm Scenes
- Having a dance party!
- Watching paddock to plate videos
- Getting creative – using a free curriculum-aligned educators guide to connect activities with teaching and learning



Why?

Farmer and food connections is one of the five components of Pick of the Crop. The whole-school healthy eating program aims to increase opportunities for Queensland primary school children to learn about positive healthy eating messages and encourages learning, growing and eating more veggies and fruit.

For more information on Pick of the Crop – see www.hw.qld.gov.au/pick-of-the-crop.

Thanks to [One Box](#) and [George the Farmer](#) where the Fruit and Vegetable boxes and books were purchased from.

Date: January 2023.