

First Nations Perspectives and Sustainability

Enrichment Module 3

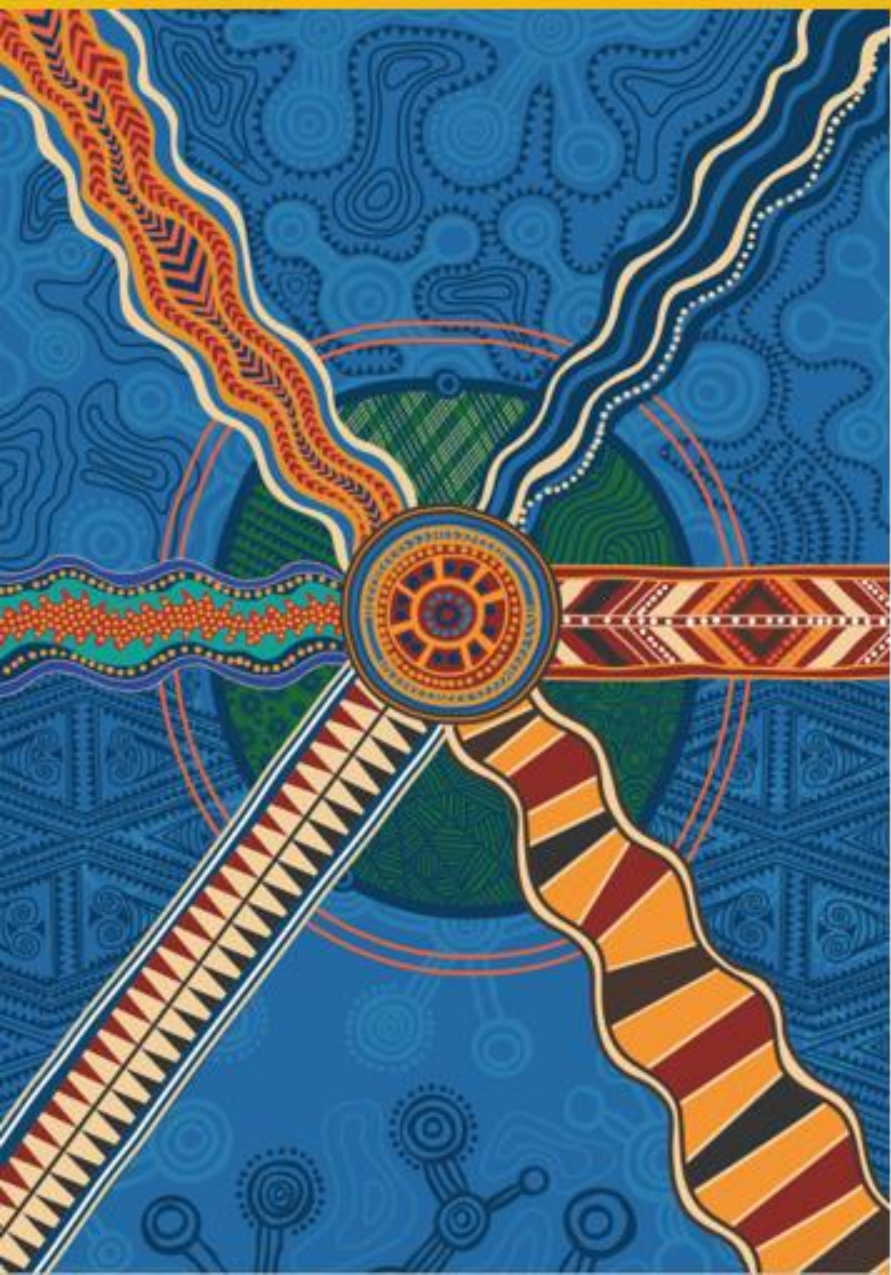
A program developed by

health+wellbeing
Queensland

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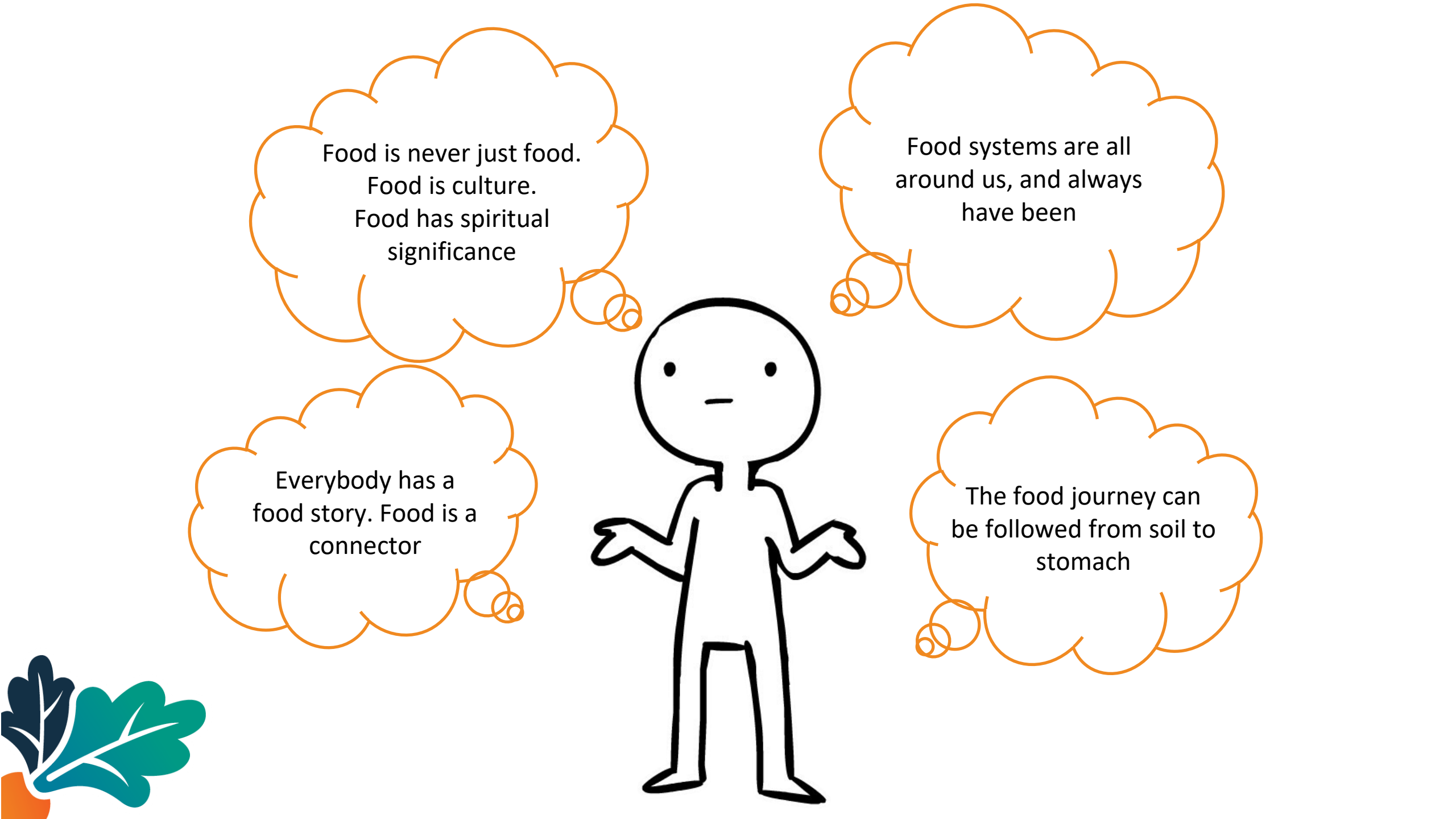


Queensland
Government



Health and Wellbeing Queensland respectfully acknowledges the Traditional Owners and custodians of the lands from across Queensland. We pay our respects to the Elders past and present for they are holders of the memories, traditions, the culture and aspirations of Aboriginal and Torres Strait Islander peoples across Queensland



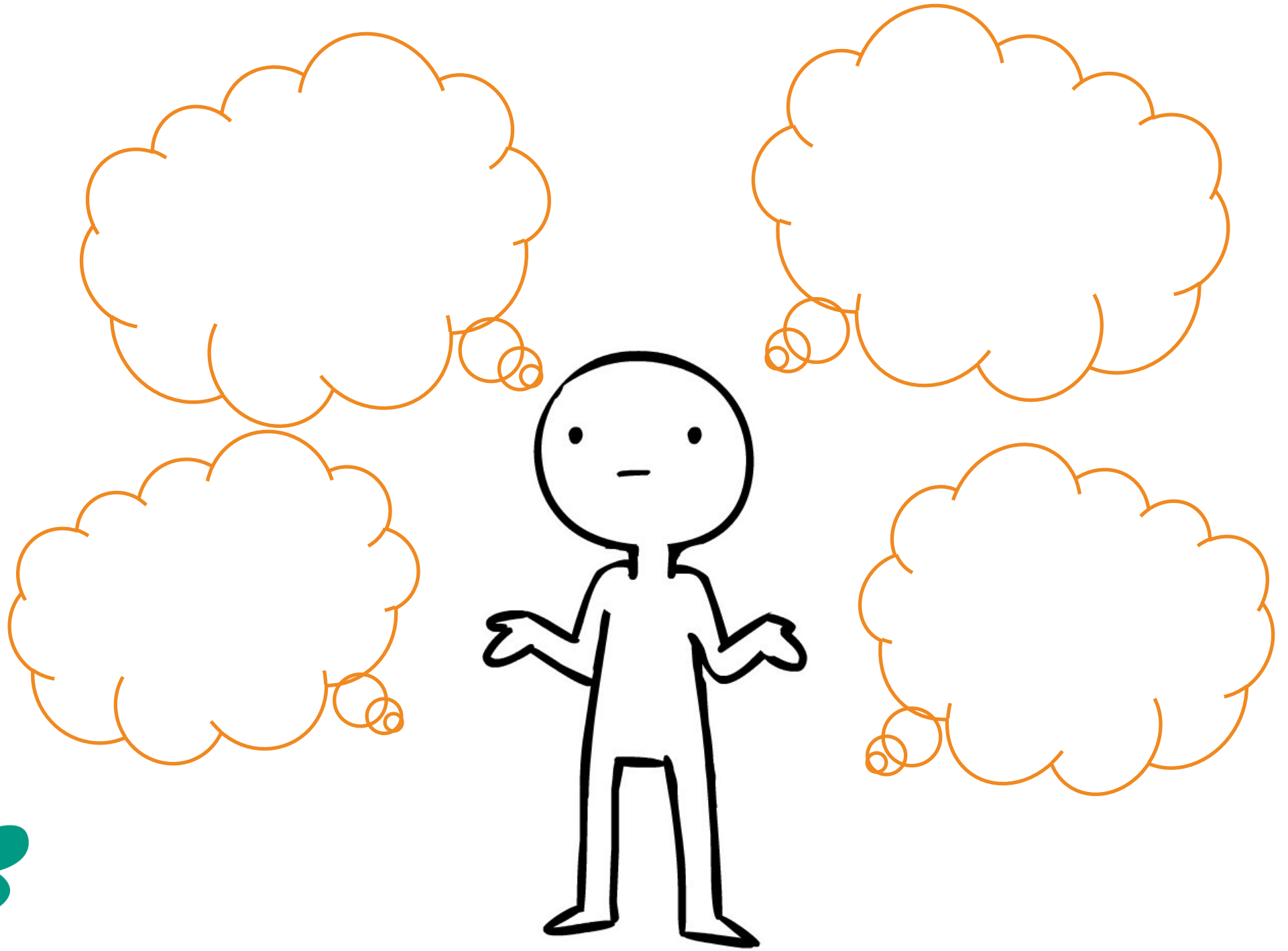


Food is never just food.
Food is culture.
Food has spiritual
significance

Food systems are all
around us, and always
have been

Everybody has a
food story. Food is a
connector

The food journey can
be followed from soil to
stomach



Learning Objectives:

1

Connections between First Nations perspectives, sustainability and food literacy

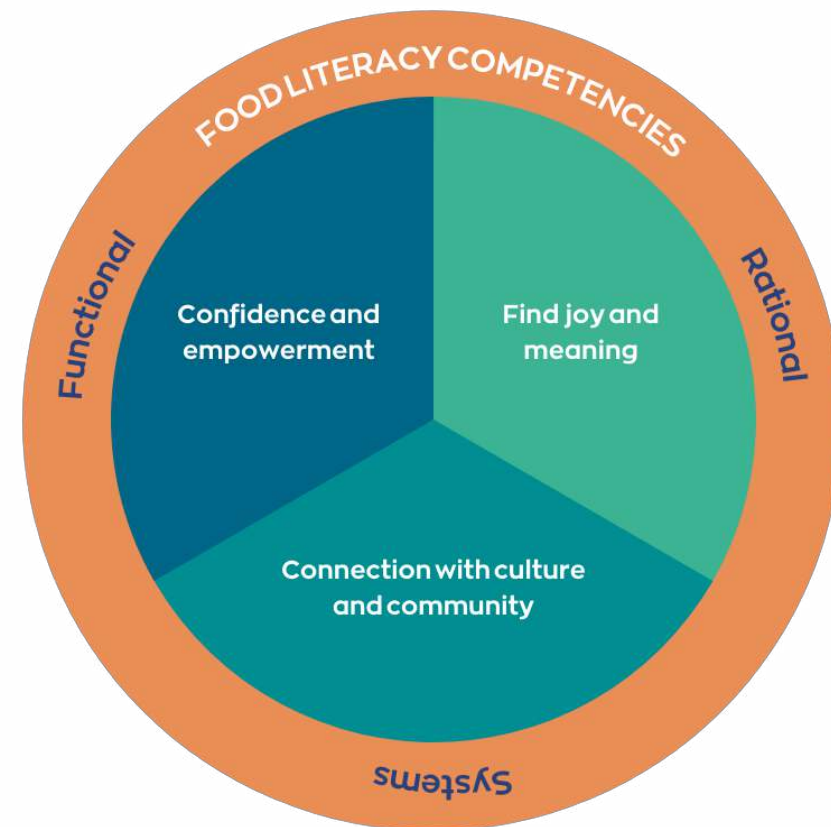
2

Embedding First Nations perspective and sustainability in food literacy education



First Nations Perspectives + Food Literacy?

- What do you currently understand?
- Are there any challenges you are facing in implement First Nations Perspectives?
- What knowledge or skills would help you?



Objective 1

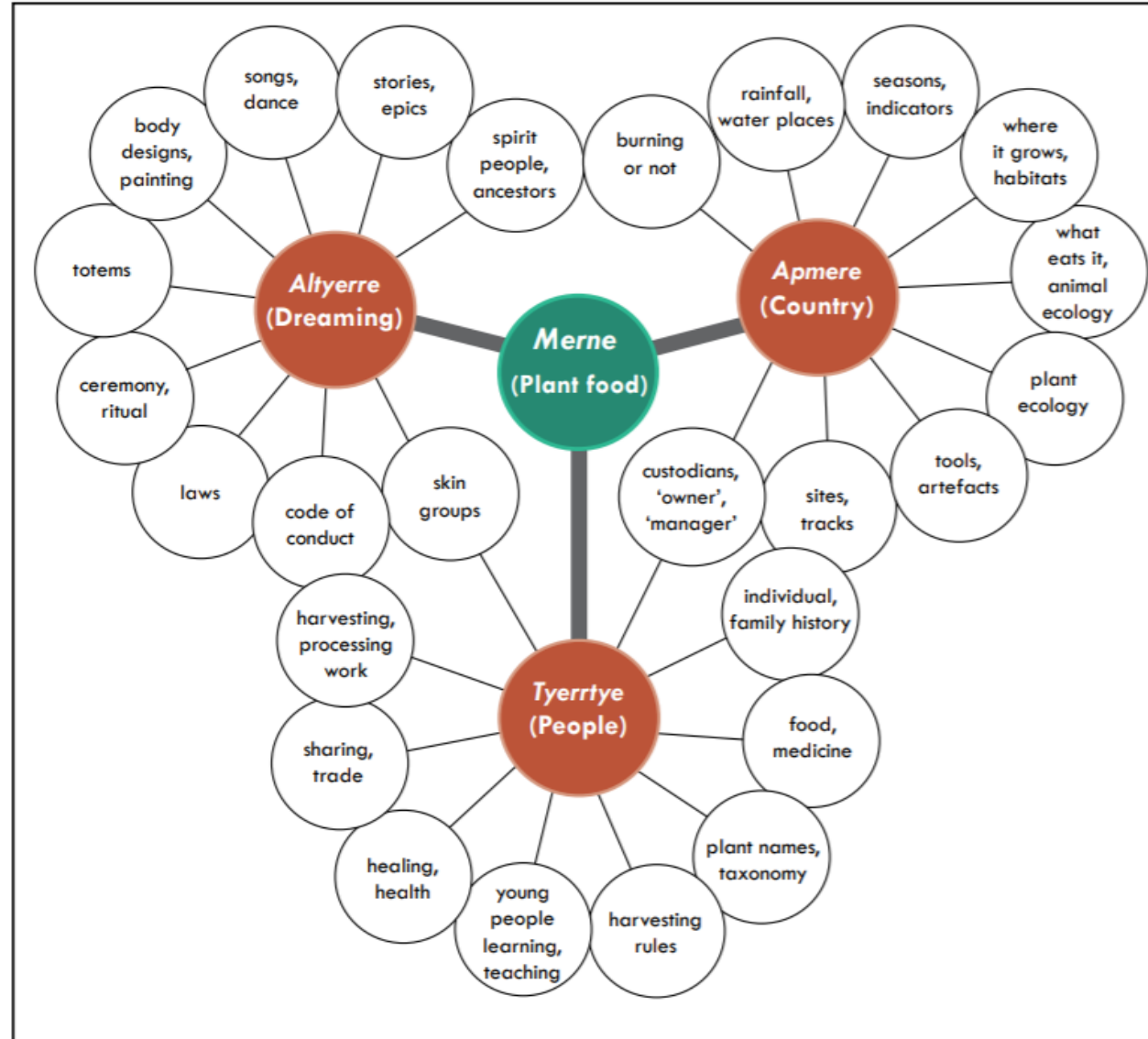
How do First Nations perspectives and sustainability connect with curriculum?

What are First Nations perspectives in food literacy?

What are sustainable perspectives in food literacy?



Interconnections: People, Country, Dreaming



First Nations Perspectives

Possible learning experiences...

- Share Dreaming stories that connect with food origins
- Invite Elders to talk and engage with students
- Create produce calendars based on seasonal cues
- Grow a Bush Tucker garden using local knowledges
- Examine traditional vs modern food production techniques
- Experiment with traditional food storage and preservation
- Explore traditional cooking methods and equipment



Sustainability Development Goals (SDGs)

The Pick of the Crop pyramid...



Sustainability Perspectives

Possible learning experiences...

- Start school composting, worm farms, beekeeping, recycling
- Initiate Nude Food (packaging, biodegradability & shelf life)
- Establish a local food identity (what grows in our region?)
- Develop or access local food networks (partnership with farmers)
- Foster skills in reading 'used by' and 'best before' dates and using leftovers, grocery shopping lists and meal planning
- Experiment with food preservation – freezing, dehydrating, pickling, jams



Objective 2

What pedagogical approaches exist to support this learning?

How can targeted frameworks enrich First Nations perspectives and sustainability in food literacy?



Co-creation

Reciprocal and respectful relationships with local First Nations communities are paramount.

Learning experiences should appropriately understand and embed First Nations ways of knowing, being and doing and:



Be learner and community-centred



Enable authentic learning



Promote ownership



An holistic framework: Uncle Ernie Grant

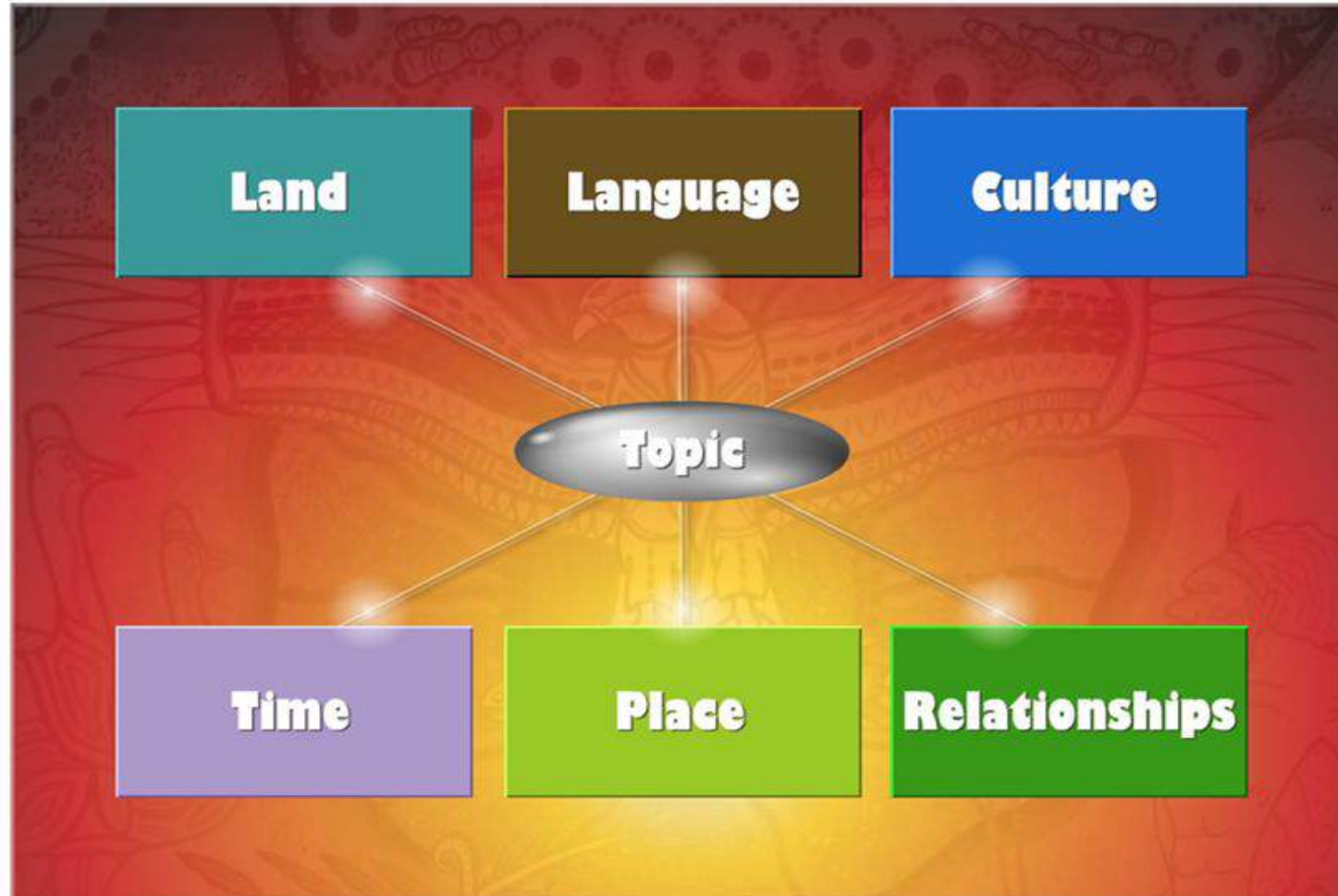


<https://www.youtube.com/watch?v=nvvNITzxiaA>

Reference 11 & 12
Image source 1

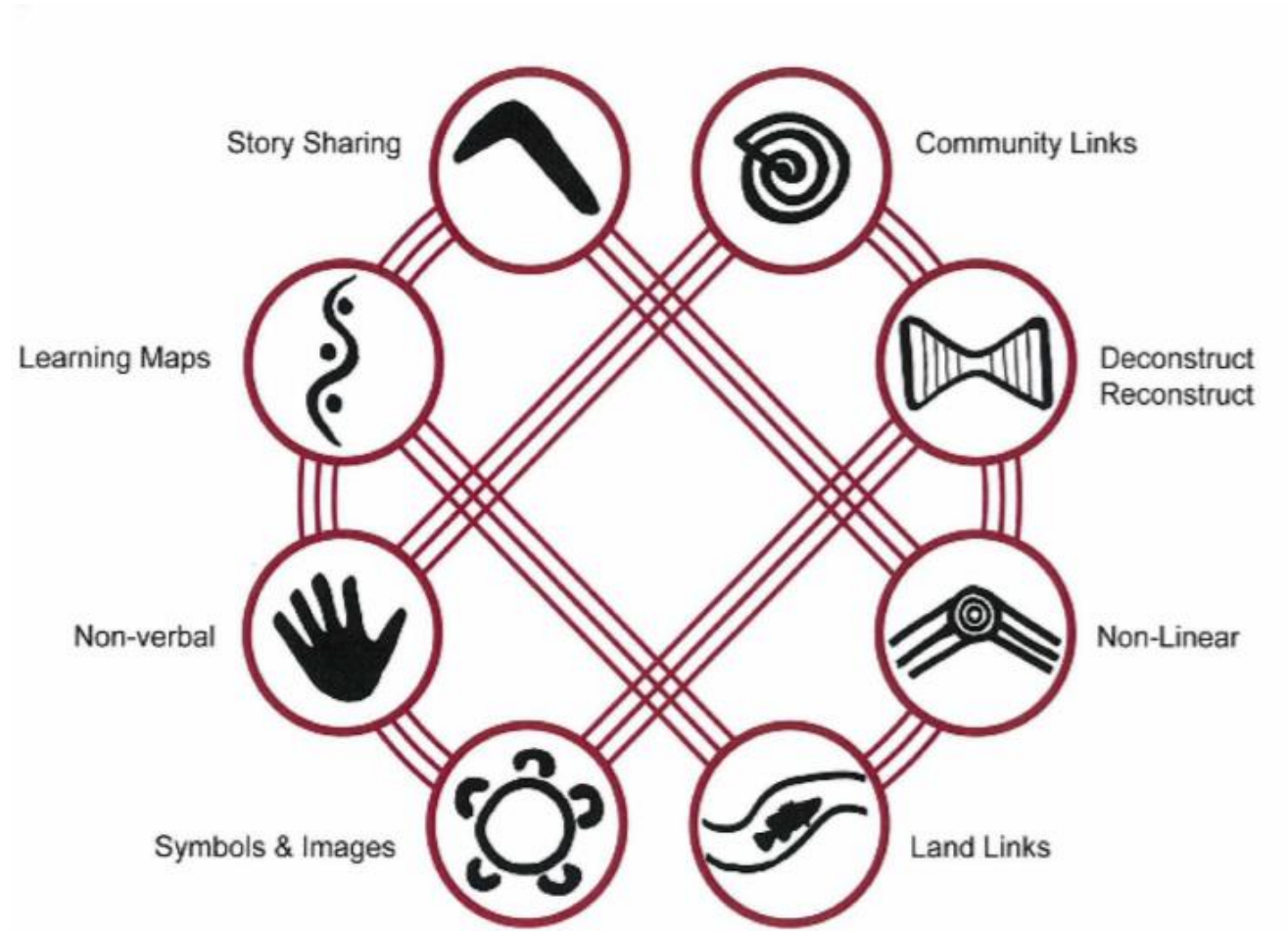


An holistic framework: Uncle Ernie Grant



Reference 11 & 12
Image source 1

8 Ways Framework: Tyson Yunkaporta



Reference 11 - 14
Reference
1

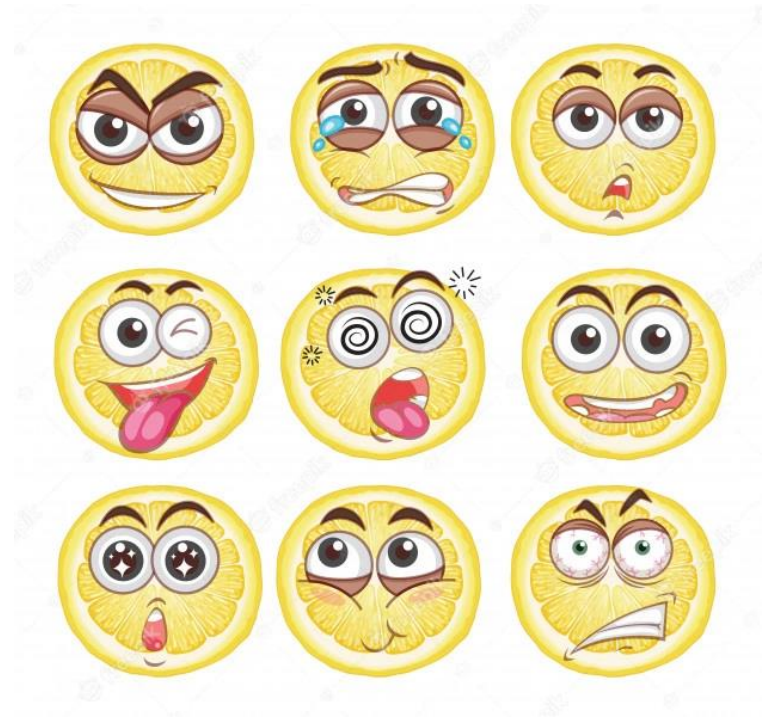


8 Ways Framework: Tyson Yunkaporta

Non-verbal



Pressure free taste tests – encourage students to communicate their sensory experience through facial expressions

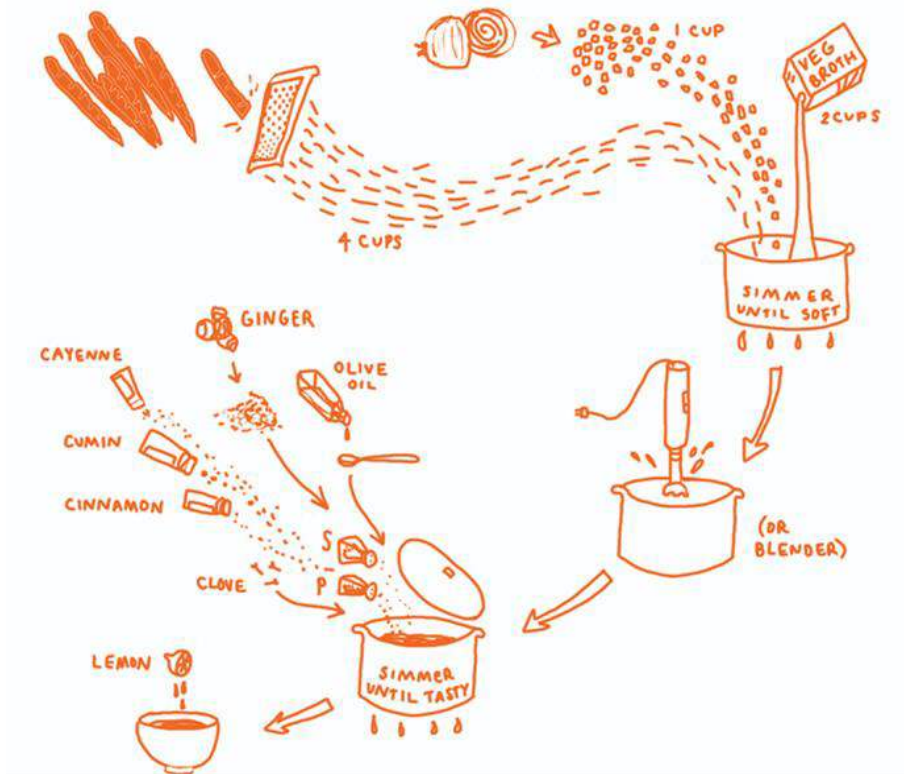


8 Ways Framework: Tyson Yunkaporta

Symbols & images



Creating symbols & storytelling to create a seasonal recipe



Enriching Learning

Work across the curriculum to explore potential connections

Functional Food Literacy Competency	First Nations Connection	Sustainability Connection
Knowledge of where food comes from	Dreaming Stories & Ancestral spirits	Paddock to plate food systems



Summary



Know your communities



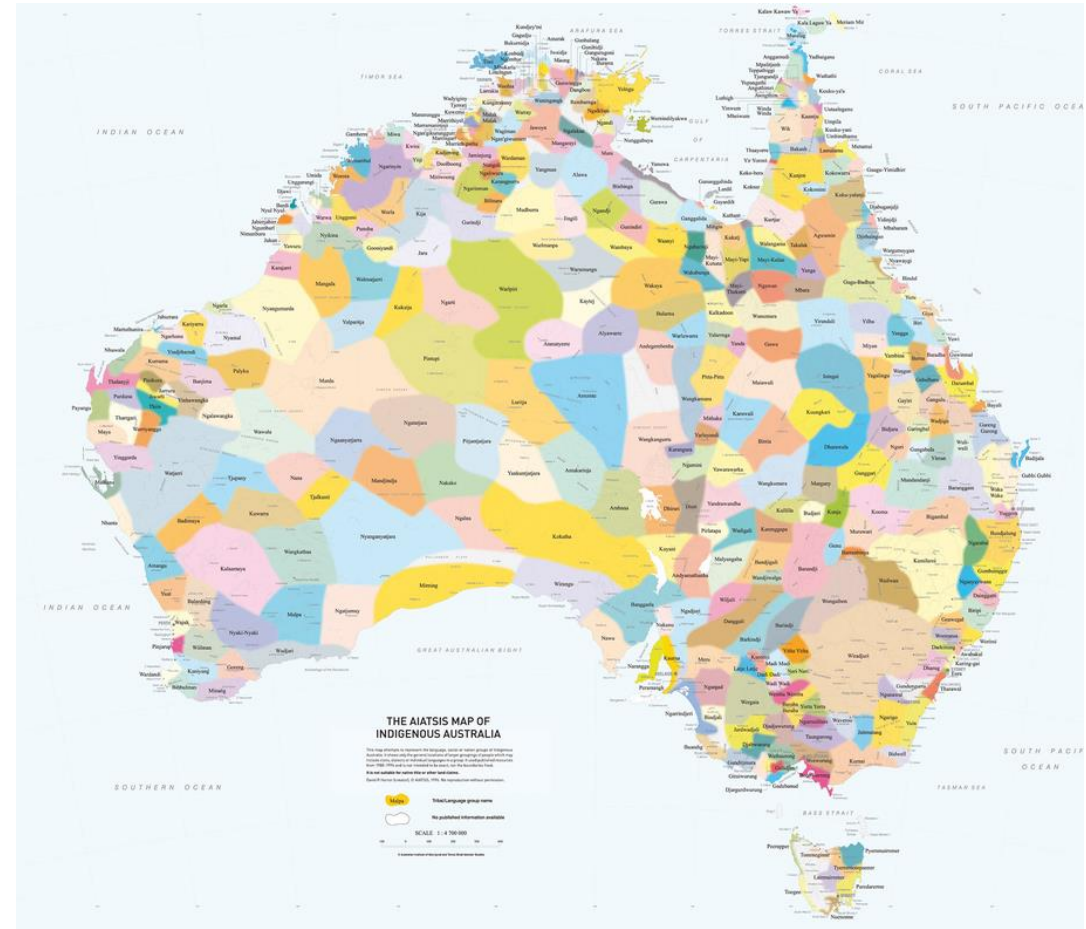
Connect, listen deeply and learn



Apply an holistic view (use frameworks to guide you)



Enrich learning experiences through cultural connections



What can you implement in your practice?

Your journey

Developing understandings...

- 1 Food literacy and communicating in food positive ways
- 2 Application of age appropriate nutrition education and pedagogy
- 3 First Nations and sustainability perspectives in food literacy



Illustrations of practice

- Organising ideas and learning area statements for inclusion of First Nations perspectives within the Australian Curriculum: <https://www.australiancurriculum.edu.au/f-10-curriculum/cross-curriculum-priorities/aboriginal-and-torres-strait-islander-histories-and-cultures/>
- General illustrations of practice: <https://www.australiancurriculum.edu.au/resources/aboriginal-and-torres-strait-islander-histories-and-cultures/illustrations-of-practice/>
- Explicit connection of First Nations perspectives and food literacy competencies: <https://www.australiancurriculum.edu.au/resources/aboriginal-and-torres-strait-islander-histories-and-cultures/illustrations-of-practice/exploring-different-cultural-perspectives-through-two-way-teaching/>

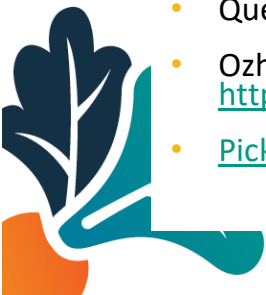
Image source

1. <https://www.sallylawrence.com.au/product/session-5-uncle-ernies-holistic-framework/>
2. https://www.freepik.com/premium-vector/lemon-faces-expression-white-background_2171996.htm
3. <https://socks-studio.com/2011/07/06/picture-cook-by-katie-shelly/>



Useful Resources

- Recommendations for using the 8 Ways framework: <https://researchonline.icu.edu.au/10974/4/04Bookchapter.pdf>
- Our Ways - Effective Practice in Aboriginal Education in NSW public schools: <https://www.youtube.com/watch?v=5EYWU8ocpGI>
- Embedding culture in practice for kindergarten teaching and learning: https://www.youtube.com/watch?v=SJ_Ra8MnFe8
- Inspiration — Uncle Ernie Grant: <https://www.foundationsforsuccess.qld.edu.au/inspiration-uncle-ernie-grant>
- Narragunnawali Subject Guides: <https://www.narragunnawali.org.au/about/subject-guides>
- Aboriginal Education Consultative Group: <https://www.aecg.nsw.edu.au/policies-and-programs/healthy-culture-healthy-country-2/>
- Cooking foods past and present: <https://education.abc.net.au/home#!/media/103154/cooking-food-in-the-past-and-present>
- Evaluating Resources Guide: <https://www.narragunnawali.org.au/storage/media/page/301a792b153a6211e0b9eb329b8060fe.pdf>
- Evaluating Resources Guide (QCAA): https://www.qcaa.qld.edu.au/downloads/approach2/indigenous_g008_0712.pdf
- Indigenous Seasonal Calendar: <https://www.csiro.au/en/research/natural-environment/land/About-the-calendars>
- Interactive Queensland Language Map: <https://www.slq.qld.gov.au/discover/aboriginal-and-torres-strait-islander-cultures-and-stories/languages>
- Lesson Planning Resources: https://www.health.qld.gov.au/_data/assets/pdf_file/0032/428288/jarjums-sect3-less3.pdf
- Resources: Aboriginal and Torres Strait Islander knowledge (QCAA): <https://www.qcaa.qld.edu.au/about/k-12-policies/aboriginal-torres-strait-islander-perspectives/resources>
- Flow chart to support building relationships with local communities (QCAA): https://www.qcaa.qld.edu.au/downloads/p_10/atsi_build_relationships_flowchart.pdf
- Growing vegetables: <https://www.healthier.qld.gov.au/guide/8-easy-grow-your-own-health-foods/>
- Benefits of gardening: <https://www.health.qld.gov.au/news-events/news/health-benefits-of-gardening>
- Queensland Environmentally Sustainable Schools Initiative: <https://www.sustainableschools.qld.edu.au/Default.aspx?tabid=36>
- Ozharvest FEAST (Food Education and Sustainability Training): <https://education.ozharvest.org/#:~:text=FEAST%20is%20a%20Year%205,to%20suit%20your%20school's%20needs>
- [Pick of the Crop presents: School Garden Masterclass](#) with [supporting materials](#)



Reference

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